

# EUROPEAN CURRICULUM

## VITAE



Residence

Mobile

E-mail

Gender

Place/Date of birth

Nationality

### EDUCATION:

• Nov2019 - Nov2024

• May2024- In progress (End Oct 2024)

## FEDERICA LAGRASTA

### Specialization in Obstetrics and Gynaecology

Place: University of Milan

Length: 5 years (academic years)

Final mark: 70/70 e lode (magna cum laude)

Thesis: Characteristics of Vasa Previa: evolution and Outcomes

Relatore: Chiar.ma Prof Anna Maria Marconi

Correlatore: Prof Cristoph Lees

### Publications:

- Ornaghi S, Colciago E, Vaglio Tessitore I, Abbamondi A, Antolini L, Locatelli A, Inversetti A, Pintucci A, Cetin I, Bracco B, Fabbri E, Sala V, Meroni M, Volpe G, Benedetti S, Bulfoni C, Marconi A, Lagrasta F, Paolini CL, Mazza E, Candiani M, Valsecchi L, Smid M, Pasi F, Pozzoni M, Castoldi M, Vignali M, Dal Molin G, Guarano A, Pellegrino A, Callegari C, Betti M, Lazzarin S, Prefumo F, Zanardini C, Parolin V, Catalano A, Barbolini E, Antonazzo P, Pignatti L, Tintoni M, Spelzini F, Martinelli A, Facchinetti F, Chiossi G, Vergani P. Mode of birth in women with low-lying placenta: protocol for a prospective multicentre 1:3 matched case-control study in Italy (the MODEL-PLACENTA study). *BMJ Open*. 2021 Dec 6;11(12):e052510. doi: 10.1136/bmjopen-2021-052510. PMID: 34873004; PMCID: PMC8650481.
- Lagrasta F, Triunfo S, Corsani G, Pinna G, Brusati V, Marconi AM. Epilessia in gravidanza: esperienza di un centro regionale in Lombardia (CRE), *SIGO 2022*
- Triunfo S, Cella S, Lagrasta F, Iannuzzi V, Marconi AM. Determinanti del grado di soddisfazione al parto: Systematic review di RCTS, *SIGO 2022*

### Lecturer:

- Impact of lockdown period on reproductive health in a single center in Milan, Italy - *SIMP 2021*

### Attended Conferences:

- AGORA SIMP 2021, Rome
- Esagon 2022, IEO, Milan
- SIGO 2022, Milan
- Giornata formativa sulle mutilazioni genitali femminili e i matrimoni precoci forzati, Milan 2023
- SIGO 2023

### Fellowship at Center of Fetal Care Imperial College Healthcare Trust London Prof C. Lees

Honorary Clinical Research fellow

• Oct 2010 - Oct 2016

**Master's degree in Medicine and Surgery**  
Place: University of Milan, Polo San Paolo  
Length: 6 years (academic years)  
Group of degrees in Italy: LM-41 - Medicina e Chirurgia

**Final mark: 110/110 e lode (magna cum laude)**

Thesis: Figure lineari, angolari o geometriche nel melanoma cutaneo: un nuovo segno utile per la diagnosi di malignità  
Relatore: Chiar.mo Prof Amilcare Cerri  
Correlatore: Prof Roberto Betti

**Attended Conferences**

- Multiorgan Ultrasound  
Prof. G. Serrao, San Paolo Hospital, Milan
- Psicosomatica Ostetrica-Dermatologica  
Doc. C. Maggioni, Buzzi Hospital, Milan
- Cutaneous Carcinogenesis  
Prof. M. Monti, Doc. L.L. Mancini, Humanitas University, Milan
- Genodermatosi e Dermatologia pediatrica  
Doc. G. Tadini, Ospedale Policlinico, Milan
- Paediatric emergency  
Prof. S. Esposito

• Jun 2014

**Certification FIRST AID rescuer e BLSD**

AREU - Azienda regionale emergenza urgenza – Regione Lombardia

• Jul 2009

**Secondary School Diploma: Scientific Certificate**

Liceo Scientifico Gian Battista Vico – Corsico (Milano)  
Italian secondary school diploma

**WORK EXPERIENCE:**

• Jun 2017 – Nov 2017

**RESIDENTIAL AND NURSING HOME FIRST AID RESPONSE**

RSA Anni Azzurri – Kos Care s.r.l. - Via Aprutina, 194 - 62018 Porto Potenza Picena (MC)

Residenza Villareale, Monza

Residenza San Sisto, Bergamo

I had the responsibility of more than two-hundred patients

• Jun 2017 – Jul 2019

**FAMILY DOCTOR**

Various health centers in Milan and hinterland

Trusted replacement doctor during holiday

• Jun 2017 – Jul 2019

**FIRST AID RESCUER**

- MAGNOLIA S.p.a. "BAKE OFF JUNIOR"
- ACCADEMIA CALCIO INTER "Inter Summer Camp"
- OTHERS

First AID rescuer during sports manifestation or events

**TECHNICAL SKILLS:**

- I-II level Fetal Ultrasounds, Fetal Echo
- Excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families.
- Emotional resilience, a calm temperament, and the ability to work well under pressure.
- Teamwork and the capacity to lead multidisciplinary teams.
- Problem-solving and diagnostic skills.
- Training in II level Hospital in Obstetric Pathology and Prenatal Diagnosis.
- Labour Ward: CTG, vaginal delivery, C section, Operative birth (Kiwi)

- Robotic training (table assistant): Da Vinci (ab medica), Hugo (Medtronic), Versius (CMR Surgical).
- Hysteroscopy (diagnostic and operative).
- Colposcopy.

**VOLUNTEERING:**

- Sep 2013 – Jul 2015

**Voluntary rescuer on ambulance**  
Croce Verde APM, Corsico (Milan)

**LANGUAGES:**

- Listening
- Reading
- Writing
- Speaking

ITALIAN	ENGLISH
Mother tongue	Advanced
Mother tongue	Advanced
Mother tongue	Advanced
Mother tongue	Advanced

**English Certificate**

- Jan 2024

**OET Certificate**

**SOFT SKILLS:**

Swimming at a competitive level up to fifteen years old, I have developed excellent skills of organization to carry forward my studies with good results. Thanks to this experience, I have developed good skills in terms of self-confidence, stress-management, and resilience. Travelling around the world through the years, I have become an open-minded person. I have always had a good attitude for teamwork and communication skills.

**ARTISTIC SKILLS:**

Piano Diploma – Scuola Civica di Musica – Buccinasco (MI)

**HOBBIES:**

Music (singer), Sports (swimming, Pilates, yoga)

**DRIVING LICENSE:**

B (Italian car license).